



BE BELIEVED HERE

SURVIVOR EMPOWERMENT GROUP



Thursday, October 12th
3:30 PM to 4:30 PM



This is a free and confidential ongoing support group for primary and secondary survivors of sexual abuse and assault. Join us for Part 1 of this ongoing series.

Participants will be introduced to topics:

**IMPACT OF TRAUMA ON ONE'S SELF
IMPORTANCE OF SELF-CARE
EFFECTS OF TRAUMA ON CHILDREN
AND MORE**

**To register visit: <https://772foryou.org/classes/>
Questions? Call Angela, Victim Advocate, at 772-349-7803**

You are not alone and will be met with compassion and support.